



Andrology Australia wins prestigious public health award

Wednesday, 9 November 2005: Andrology Australia, administered by Monash Institute of Medical Research, has won a coveted award in research innovation for the 'Men in Australia Telephone Survey' (MATeS).

The award, presented at the Victorian Public Health Awards for Excellence and Innovation, recognises significant contributions made to promoting the health and well-being of Victorians.

Dr Carol Holden, CEO of Andrology Australia, was honoured to receive the award in recognition of the study's contribution to men's health in Australia.

"For the first time in Australia we have a snapshot of general and reproductive health issues in men over the age of 40 years," said Dr Carol Holden.

"The alarming statistics show that almost two thirds of men aged over 40 are overweight and obese, and one third of men have prostate problems, erectile dysfunction or urinary tract symptoms," Carol said.

"This study highlights the need for community and health professional education which will help to improve awareness and services for middle-aged and older Australian men," she said.

Almost 6000 men took part in MATeS, which focused on socio-demographic issues, general health and lifestyle, sexual function, relationship issues, and knowledge, attitudes and beliefs on male reproductive health. The largest survey of its kind in Australia, the study also highlights the need for a longitudinal study on men's health.

Results from the study were published in the internationally respected journal *The Lancet*, and are based on data from the first national men's health survey conducted in Australia, supported by Andrology Australia.

Andrology Australia, an Australian Government initiative, gathers together health and education experts from all around the country and aims to improve male health education and research in Australia.

To arrange an interview with an Andrology Australia spokesperson, please contact:

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